



BRITISH  
HIP  
SOCIETY

# BHS 2022

INSTRUCTIONAL COURSE III  
The Young Adult Hip  
4TH MARCH

BOURNEMOUTH



Join us on Friday 4<sup>th</sup> March | Engage, discuss, debate.

## Face-to-Face

- ✓ In-person attendance 4<sup>th</sup> March
- ✓ **10% Early bird discount on published rates - register before 4<sup>th</sup> February**
- ✓ Post-event on demand viewing 21<sup>st</sup> March – 30<sup>th</sup> June
- ✓ Expert-led debates and case discussions
- ✓ Keynote lectures
- ✓ CPD applied for by the RCS of England



**Convenor:**  
Vikas Khanduja



Callum McBryde



Jonathan Hutt



Marcus Bankes



Tony Andrade



Damian Griffin



Ajay Malviya



Tim Board



Johan Witt



Richard Field



Paul Gaston



Fares Haddad



Giles Stafford



Sion Glyn-Jones



Simon Newman



Pranai Buddhdev



Sanjeev Madan



Aresh Hashemi  
Nejad



Andy Langdown



Patrick Carton



Max Fehly



Hal Martin



Dora Papadopoulou



Ernest Schilders



David Lloyd



Jo Kemp

08:00	Registration and refreshments	
08:25	Welcome and Introduction	<b>Vikas Khanduja</b> (Cambridge)
<b>SESSION 1: YOUNG ADULT HIP - BASICS</b>		<b>Chair: Vikas Khanduja</b> (Cambridge)
08:30	Applied Anatomy of the Hip	<b>Callum McBryde</b> (Birmingham)
08:45	Clinical Examination of the Young Adult Hip	<b>Vikas Khanduja</b> (Cambridge)
09:00	Evaluation of the Plain Radiograph	<b>Jonathan Hutt</b> (London)
09:15	MRI, CT and Ultrasound Assessment of the Hip Joint	<b>Marcus Bankes</b> (London)
09:30	Discussion	
<b>COFFEE BREAK</b>		
<b>SESSION 2: YOUNG ADULT HIP - CORE PATHOLOGY &amp; VIDEO SESSION</b>		<b>Chair: Tony Andrade</b> (Reading)
10:15	Femoroacetabular Impingement Syndrome	<b>Damian Griffin</b> (Warwick)
10:30	Acetabular Dysplasia	<b>Johan Witt</b> (London)
10:45	Synovial Disorders of the Hip	<b>Richard Field</b> (London)
11:00	Snapping Syndromes around the Hip	<b>Tony Andrade</b> (Reading)
11:15	Case Based Discussion	<b>Marcus Bankes</b> (London)
11:35	“How to Do” Session - Technical Videos - 6 minutes each	
	Arthroscopic Set-up	<b>Paul Gaston</b> (Edinburgh)
	Arthroscopic Labral Repair	<b>Giles Stafford</b> (London)
	Arthroscopic Cam Excision	<b>Sion Glyn-Jones</b> (Oxford)
	Arthroscopic Pincer Excision	<b>Simon Newman</b> (Oxford)
	Femoral Osteotomy	<b>Pranai Buddhdev</b> (Chelmsford)
	Periacetabular Osteotomy	<b>Ajay Malviya</b> (Northumbria)

**12:05 – 13:00 LUNCH BREAK**
**SESSION 3:  
YOUNG ADULT HIP - SECONDARY PATHOLOGY**
**Chair: Ajay Malviya**  
(Northumbria)

13:00	<b>Slipped Capital Femoral Epiphysis</b>
13:15	<b>Perthes Disease</b>
13:30	<b>Avascular Necrosis</b>
13:45	<b>Greater Trochanteric Pain Syndrome</b>

**Sanjeev Madan**  
(Sheffield)

**Aresh Hashemi Najad**  
(London)

**Sion Glyn-Jones**  
(Oxford)

**Andy Langdown**  
(Portsmouth)

**SESSION 4:  
EXTRA-ARTICULAR HIP IMPINGEMENT  
SYNDROMES**
**Chair: Fares Haddad**  
(London)

14:05	<b>Subspine Impingement</b>
14:15	<b>Iliopsoas Impingement</b>
14:25	<b>Deep Gluteal Syndrome</b>
14:35	<b>Ischiofemoral Impingement</b>
14:45	<b>Hamstring Tendinopathy and Tears</b>

**Patrick Carton**  
(Ireland)

**Max Fehly**  
(London)

**Hal Martin**  
(Texas, USA)

**Tim Board**  
(Wrightington)

**Fares Haddad**  
(London)

**15:00 – 15:30 TEA BREAK**
**SESSION 5:  
THE GROIN & REHABILITATION**
**Chair: Vikas Khanduja**  
(Cambridge)

15:30	<b>Approach to the Groin and Terminology</b>
15:45	<b>Adductor Pathology</b>
16:00	<b>Inguinal Pathology</b>
16:15	<b>Rehab for YAH Pathology</b>
16:30	<b>Outcome Measures and Registries</b>
16:45	<b>Closure and Evaluation</b>

**Dora Papadopolou**  
(Loughborough)

**Ernst Schilders**  
(Leeds & London)

**David Lloyd**  
(Leicester)

**Jo Kemp**  
(Australia)

**Ajay Malviya**  
(Northumbria)

**Vikas Khanduja**  
(Cambridge)