



Preparation for FRCS (Tr&Orth) Course

Wednesday 13th September 2023

Venue: The Education Centre, University College Hospital, Central London

Convenor: Alistair Hunter, T&O Consultant Surgeon, University College London Hospitals

You are invited to attend the Preparation for FRCS (Tr&Orth) Course at University College London Hospitals. The emphasis of this national course is on technique and aims to provide a framework *early* in a trainee's preparation for understanding the nature of the FRCS (Tr&Orth) exam, develop strategies for optimising revision and for maximising scoring in the Viva and Clinical Examinations. In addition it offers a chance to network with fellow candidates taking the Examination. We have had very positive feedback from previous years. The course has been awarded Royal College of Surgeons of England accreditation.

The **strong teaching Faculty** consists of Consultants from a number of regions and includes FRCS Examiners, who will attend to lecture on the structure and format of the examination. The course is open to all Trauma and Orthopaedic trainees and is targeted at levels ST6-ST8s **who are at least six months from taking the Clinical component of the Exam**. The outstanding venue of The Education Centre, University College Hospital, Euston Road, central London, has excellent transport links.

The novel course design was initiated by UCL Partners and has support from Training Programme Directors for their trainees to attend. The course is heavily subsidised with a **fee of only £100** paid on registration. Refreshments will be provided. Availability is limited in order to maintain good Faculty to trainee ratios; **book early**.

To register use this [link](#).

Provisional Programme

The Viva teaching covers an overview of the material most commonly asked, how to go about finding the answers and how to develop strategies in answering the questions. The Clinical teaching covers idealised routines for short and intermediate cases, with time for questions and answers.

Morning – Viva Examination

08:00	Registration	10:10	Coffee break
08:30	Introduction	10:40	Hands Viva
08:45	Viva exam scoring, technique, maximising scoring	10:55	Paediatrics Viva
09:05	Adult Pathology Viva	11:10	Basic Science Viva
09:25	Trauma Viva	11:30	Tips and tricks in viva technique
09:45	'How I prepared for the exam'	11:50	Mock viva presentation
		12:30	Lunch

Afternoon – Clinical Examination

13:30	Introduction	15:15	Coffee break
13:35	Clinical exam scoring, short/intermediate case technique	15:45	Resources and courses
13:55	Clinical examination of the brachial plexus	16:00	Clinical Examination of the spine
14:25	Clinical examination of the shoulder	16:25	Clinical Examination of the hand
14:50	Clinical examination of the knee	16:55	Close

Feedback from previous delegates:

'Excellent speakers with clear and focused advice, thank you'

'Excellent course, well done'

Feedback on key learning points:

'Advice on planning revision', 'good overview of exam', 'how to focus preparation', 'importance of style of answer'