



BOTA Regional Representative Guide 2023

May 2023



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BOTA

The British Orthopaedic Trainees Association (BOTA) was set up under the direction of Mr Richard Rawlins in 1987 following a meeting in Oxford when 45 Senior Registrars met at a symposium entitled 'Planning a career in Orthopaedic Surgery'. It subsequently became affiliated with the British Orthopaedic Association. Since its foundation, the membership has increased from the founding 45 members, to the current membership of over 1000 Specialist Registrars, Core Trainees, Foundation Doctors and medical students.

Orthopaedic Surgeons make up approximately 40% of the membership of the Royal Colleges, and as the largest surgical subspecialty we devolved from the Association of Surgeons in Training (ASiT), to represent the views of Trauma and Orthopaedics trainees specifically. ASiT and BOTA maintain a strong collaborative relationship and work together on many issues to represent surgical trainees as a collective.

BOTA Committee

The BOTA Committee are elected by BOTA members and successful applicants announced at the Annual General Meeting (AGM) held at the BOTA Congress every year.

Members applying for committee positions are nominated by a BOTA Committee member and then invited to submit a video application, which the membership then votes on. To be eligible for an executive committee position, the nominee needs to have been on the committee for at least one year previously. The BOTA Committee are responsible for advocating for trainees at a national level, in addition to organising educational and training activities throughout the year.

Regional Representatives work closely with the BOTA Committee throughout the year and get to understand the activities of the BOTA Committee. BOTA Regional Representatives are strongly encouraged to use their regional leadership position as a steppingstone to apply for a national leadership position on the BOTA Committee.

The main liaison between the BOTA Committee and the Regional Representatives Network is the BOTA Vice President vicepresident@bota.org.uk



2022-2023 BOTA Committee

Position	Name	Email
President*	Abhinav Singh	president@bota.org.uk
Vice President*	Karen Chui	vicepresident@bota.org.uk
Treasurer*	Adrian Andronic	treasurer@bota.org.uk
Secretary*	Frank Acquah	secretary@bota.org.uk
Past President	Oliver Adebayo	pastpresident@bota.org.uk
Education	Arham Qureshi	education@bota.org.uk
SAC	Marieta Franklin	sac@bota.org.uk
Publicity	Apoorva Khajuria	publicity@bota.org.uk
Academic	Ignatius Liew	academic@bota.org.uk
Web	Riana Patel	web@bota.org.uk
Women in Surgery	Zahra Jaffry	wis@bota.org.uk
World Orthopaedic Concern	Alice Champion	woc@bota.org.uk
Northern Ireland	Ryan Moffatt	ni@bota.org.uk
Scotland	Alexandra Haddon	scottish@bota.org.uk
Wales	Francesca Solari	welsh@bota.org.uk
Junior	Rory Hammond	junior@bota.org.uk
Med Student	Naadir Nazar	student@bota.org.uk
BMA	James Chowdhury	bma@bota.org.uk
Culture & Diversity	Kate Atkinson	cultureanddiversity@bota.org.uk

* denotes an executive committee position



BOTA Committee Representation

BOTA Committee members sit on the following national committee meetings.

RCS England Council	President
RCS Workforce & Training	President
BOA Council	President
ST3 Selection Design Group	President, Past President, SAC Rep
ASiT Council	President, Past President, NI Rep
NHSE Improving Surgical Care	President
Academy of Medical Royal Colleges (AoMRC) Academy Trainee Doctors' Group	President
Joint Committee on Surgical Training (JCST)	Vice President
Intercollegiate Surgical Curriculum Programme (ISCP)	Vice President
BOA Trauma Committee	Secretary
MRCS Exam	Secretary
RCSEd Faculty of Surgical Trainees	Secretary
BOA Orthopaedics Committee	Treasurer
ITOG	Past President
BOA Diversity & Inclusion Committee	C&D Rep
T&O SAC	SAC Rep
Joint Committee on Intercollegiate Examinations (JCIE)	SAC Rep
Intercollegiate Specialty Board Standard setting	SAC Rep
ST3 Selection Design Group	SAC Rep
NIHR Musculoskeletal Care	Academic Rep
NIHR Trauma & Emergency Care	Academic Rep
British Orthopaedic Research Society	Academic Rep
BOA Research Committee	Academic Rep
RCS England Women in Surgery	Women in Surgery Rep
BMA End Sexism	Women in Surgery Rep
BOA Radiation Protection Working Group	Women in Surgery Rep
World Orthopaedic Concern Trainee Committee	WOC Rep
World Orthopaedic Concern Committee	WOC Rep
Global Anaesthesia, Surgery and Obstetric Collaboration (GASOC) Committee	WOC Rep
BOA Education & Careers Committee	Education Rep
RCS Learning & Assessment Committee	Education Rep
RCS Learning Committee	Education Rep
NHSE Training in the Independent Sector Committee	Education Rep
MALUE	Wales Rep
Scottish Committee for Orthopaedics and Trauma (SCOT)	Scotland Rep
Trauma and Orthopaedics Scottish Training Improvement Group (TOSTIG)	Scotland Rep
Royal College of Surgeons of Edinburgh Sub-Specialty Board (RSCed SSB)	Scotland Rep
Surgical Forum Meeting – Scotland	Scotland Rep
Core Surgery Steering Group	Junior Rep
Core Surgical Training Advisory Committee	Junior Rep



BOTA Regional Representative

The BOTA Regional Representative is a trainee leadership role recognised by BOTA and BOA. Each training deanery nominates a Regional Representative that represents the trainees of the region, and acts as the link between the region and the BOTA committee. The Regional Representative is the local representative of BOTA and is an extension of the BOTA Committee supporting BOTA's aims and objectives. The network consists of 30 Regional Representatives.

Region	First name	Surname	BOTA email
Armed Forces	Philippa	Bennett	armedforcesrep@bota.org.uk
Birmingham	Joanna	Richards	birminghamrep@bota.org.uk
East Midlands North	Rachael	Gruppings	eastmidlandsrep@bota.org.uk
East Midlands South	Khalis	Boksh	trentrep@bota.org.uk
East of England	Ben	Davies	eastangliarep@bota.org.uk
Kent, Surrey, Sussex	Murtaza	Khwaja	kssrep@bota.org.uk
London - Stanmore	Harry	Beale	stanmorelondonrep@bota.org.uk
London - North West	Mark	Sykes	nwlondonrep@bota.org.uk
London – Percivall Pott	Zahra	Jaffry	ppottslondonrep@bota.org.uk
London - South East	Zaid	Marhoon	selondonrep@bota.org.uk
London - South West	Sam	Walters	swlondonrep@bota.org.uk
London - UCH	Sophia	Burns	uchlondonrep@bota.org.uk
London - Royal London	Emily	Crane	royallondonrep@bota.org.uk
Mersey	Nastaran	Sargazi	merseyrep@bota.org.uk
North West	Ghazal	Hodhody	northwestrep@bota.org.uk
North Yorkshire	Samantha	Sharkey	nyorkshirerep@bota.org.uk
Northern	Mark	McMullan	northernrep@bota.org.uk
Northern Ireland	Ryan	Moffatt	nirelandrep@bota.org.uk
Oswestry	Will	Gibson	oswestryrep@bota.org.uk
Oxford (Thames Valley)	Joe	Dixon	oxfordrep@bota.org.uk
Peninsula	Robin	Jones	peninsularep@bota.org.uk
Scotland - East	Katie	Hoban	eastscotlandrep@bota.org.uk
Scotland - North	David	Skipsey	northscotlandrep@bota.org.uk
Scotland - South East	Rosie	Hackney	sescotlandrep@bota.org.uk
Scotland - West	Tina	Ha	wscotlandrep@bota.org.uk
Severn	Dan	Yeomans	severnrep@bota.org.uk
South Yorkshire	Bonita	Tsang	syorkshirerep@bota.org.uk
Wales	Francesca	Soleri	walesrep@bota.org.uk
Warwick	Elizabeth	Hedge	warwickrep@bota.org.uk
Wessex	Alexander	Thomas	wessexrep@bota.org.uk



Roles and Responsibilities of the Regional Representative

1. Represent views of the trainees of their region

- The Regional Representative will represent the views of the trainees of their region and act as the local advocate for training throughout their tenure
- The Regional Representative will carry out the roles of responsibilities of this leadership position with honesty, integrity and collaborative spirit
- Significant education/training issues raised by trainees that are not resolved at the local/regional level will be escalated by the Regional Representative to the BOTA Committee. Following discussion within the BOTA Committee, the issue will be raised at the appropriate national training meetings attended by BOTA Committee members (SAC, ISCP, JCST, RCS Council, BOA Council).
- Response to the education/training issue raised will be communicated back to the Regional Representative and the network. The Regional Representative is expected to inform the response back to the relevant trainee and their region

2. Trainer of the Year (TOTY) nominations

- The Regional Representative is responsible for organising the nominations for the annual regional Trainer of the Year (TOTY) award (Appendix 1)
- The Regional Representative is responsible for collecting nominations for TOTY from trainees of the region and organising the voting process for the regional TOTY
- The voted regional TOTY will be submitted to the BOTA Committee to enter shortlisting for BOTA National TOTY Award
- The timeline for 2023 TOTY nominations is as follows:
 - 30th May: Regional TOTY nominations open using the nomination form (Appendix 1)
 - 30th June: Regional TOTY nominations close
 - 1st July: Regional TOTY voting opens
 - 14th July: Regional TOTY voting closes
 - 21st July: Regional TOTY winners submitted to BOTA
 - 15th August: National TOTY nominees shortlisted through mark scheme
 - 30th September: National TOTY nominees interviewed by the BOTA Committee
 - 1st December: BOTA National TOTY winner announced at the BOTA Congress



3. Regional Representatives Forum Day

- The Regional Representatives Forum Day is a dedicated day for Regional Representatives to gather and discuss orthopaedic training in the UK in an Open Forum
- The Forum allows a mid-point meeting with the year's BOTA committee to raise pertinent issues and further collaborate within the network
- Regional Representatives will also receive updates on training from national training committees (ISCP, JCST, SAC) and formal training to develop their leadership and management skills.
- The Forum Day allows Regional Representatives to build on working relationships within the network and with the BOTA Committee

4. Journal of Orthopaedic Surgeons in National Training (JOINT) Regional Article

- JOINT is the national BOTA yearbook that provides the membership with reports of BOTA and each deanery's activities in the past academic year.
- Regional Representatives are expected to submit a report on their region's activities and achievements for the JOINT publication
- JOINT readership includes the BOTA membership of specialty registrars, core trainees, foundation doctors and medical students

5. BOTA Academic Congress

- BOTA Academic Congress 2023
 - Date: 28th November – 1st December 2023
 - Location: RCS Edinburgh
- The BOTA Academic Congress is our annual congress of orthopaedic training and education updates aimed at trainees and medical students. Our hybrid event invites renowned trainers and speakers to deliver high-quality educational content to delegates, training updates from national training leads, panel discussions and practical skills workshops. A social event and charity dinner are also organised in the evenings.
- Regional Representatives are strongly encouraged to attend the annual BOTA Academic Congress to engage with the national trainee community and also meet face-to-face with the wider BOTA membership
- Pre-congress courses are held on the Tuesday before Congress and Regional Representatives are invited to participate as faculty and co-organisers



6. Regional support for British Orthopaedic Medical Student Association (BOMSA)



- BOMSA is a national, student-led network of aspiring orthopaedic surgeons affiliated and supported by BOA and BOTA. There are eight BOMSA regions across the UK.
- BOTA Regional Representatives are strongly encouraged to support their BOMSA region in organising orthopaedic-related events, courses and conferences aimed at medical students.

BOMSA Region	BOTA Regional Reps	BOMSA Region	BOTA Regional Reps
BOMSA MIDLANDS Parmjeet Chattha psc29@student.le.ac.uk	East Midlands North	BOMSA SOUTH-EAST Lana Kailey Chin lanakailey@gmail.com	KSS
	East Midlands South		Thames Valley
	West Midlands - Oswestry		Wessex
	West Midlands - Birmingham		
	West Midlands - Warwick		
BOMSA NORTH-EAST Jamila Tukur Jido um19jtj@leeds.ac.uk	Yorkshire - North	BOMSA EAST Adam Mann Ahdammann@gmail.com	East of England
	Yorkshire - South		Armed Forces
	North East		
BOMSA NORTH-WEST Emily Wyman em.wy@btinternet.com	North West - East	BOMSA SOUTH WEST Kathryn Fu kathryn.fu@students.plymouth.ac.uk	Severn
	North West - Mersey		Peninsula
	Northern Ireland		Wales
BOMSA LONDON Aarif Ali aarif.ali.17@ucl.ac.uk	UCLH	BOMSA SCOTLAND Caitlin Daff cdaff@dundee.ac.uk	Scotland - North
	Percivall Pott		Scotland - East
	North West		Scotland - South East
	Royal London		Scotland - West
	South - West London		
	South East London		
	Stanmore		



7. Communications

- The Regional Representatives network will be used to gather regional training experiences to provide BOTA and BOA real-time understanding of the current training landscape, deliver training updates at national meetings, and inform decision-making. The network should only be used to disseminate pertinent national training and education information from BOTA or BOA.
- Regional Representatives may hold additional leadership roles in relation to their training rotation, for example as a Clinical Leadership Fellow, that aren't affiliated with BOTA. In these roles that are not affiliated with BOTA, their views and actions are not representative of BOTA.
- Regional Representatives may be asked to forward correspondence to their local trainee network from persons or groups other than BOTA. This action is at the discretion of the Regional Representative. The views and opinions expressed in these communications are not attributed to BOTA.
- Free Courses and Opportunities
 - All free courses, webinars and opportunities will be advertised on the BOTA website and social media channels for free. Please email web@bota.org.uk for further information
- Advertising
 - BOTA is keen to help all educational organisations advertise their courses and opportunities for the benefit of trainees. We have several advertising packages <https://www.bota.org.uk/advertising-with-bota> available for courses and opportunities for orthopaedic focussed trainees to engage with courses. If organisations provide discounts for BOTA and BOA members, we would be able to provide a discount pro rata to the advertising packages too.
- Surveys and research
 - BOTA will only support dissemination requests for projects that materially benefit the entire BOTA membership. BOTA is not able to badge any survey requests or publicise them via official channels unless they are vetted via the research decision tree - <https://www.bota.org.uk/pitchanidea>.
 - BOTA decision tree, supported by BOA and RCS England, will be used to review and vet all submitted suggested trainee collaborative research (Appendix 2)
 - This has been done to ensure complete transparency. We understand that some surveys may tackle pertinent clinical questions, these can be discussed on an individual basis or signposted to the appropriate channels, such as regional collaboratives or sub-specialty trainee committees. To discuss this further, kindly contact academic@bota.org.uk



Election process and tenure period

- Regional Representatives are to be elected locally through a fair and democratic process.
- The gold standard for conducting a local election should involve: candidates applying for the position, with the winner elected by trainees of the deanery through a majority vote.
- The outcome of the election should be conveyed to the BOTA Vice President vicepresident@bota.org.uk
- The maximum tenure period for any Regional Representative is 2 years from election to allow the role to be circulated among other trainees interested in the regional leadership position.

Position review process

- We expect all Regional Representatives to act in their deanery trainees' and BOTA's best interest, and fulfil their role and responsibilities to a high professional standard. The Regional Representative is expected to respond to requests for feedback on regional experience on training and education issues; attend the Regional Representative Forum day and any network meetings; attend BOA and BOTA congress; and support BOTA's aims and objectives
- Feedback from the trainees of the deanery and the BOTA Vice President will be collected on the Regional Representative's performance and engagement in the role.
- If a Regional Representative is unable to participate in their roles and responsibilities fully then a Position Review will be initiated by the BOTA Executive Council.
- Support will be provided to the Regional Representative to help them improve engagement in the role. However, if despite appropriate support provided the Regional Representative continues to not fulfil the role and responsibilities as expected, then BOTA Executive Council will ask the role to be handed back to the deanery to elect a new Regional Representative.
- If you feel you are unable to fulfil the role or the BOTA Position Review reaches the conclusion that the responsibilities are not fulfilled, BOTA will facilitate a suitable handover and transition.
- Trainees in their deanery can lodge an anonymous feedback to the BOTA Vice President vicepresident@bota.org.uk. All anonymous feedback will be investigated and the Regional Representative will be contacted. BOTA Executive Council will investigate any serious complaints about conduct, and if concerns are raised then the region's Training Programme Director will be informed.



Appendix 1

BOTA Trainer Of The Year (TOTY) 2023 Nomination Form

Trainer name and contact email	
Speciality	
Region	
Hospital	

Please complete the following sections to support your regional TOTY nomination. Your BOTA Regional Representative will collect nominations and organise voting of the regional TOTY. The regional TOTY winner will be anonymised and assessed for shortlisting for BOTA National TOTY. Shortlisted trainers will be contacted for interview by the BOTA Committee. Winner of BOTA National TOTY will be announced at BOTA Annual Congress 2023.

1. **Excellent trainers go above and beyond the call of duty. Please describe how this trainer has gone above and beyond to deliver training (e.g. how does the trainer ensure training *Max 200 words per section.***

Score 1 2 3 4 5 6 7 8 9 10

2. **Exceptional trainers adapt to the needs of different trainees. Explain how this trainer recognises individual trainee needs within the diverse orthopaedic workforce and adapts the way in which their training is delivered. *Max 200 words per section.***

Score 1 2 3 4 5 6 7 8 9 10



3. Exceptional trainers set the tone for the behaviours of others around them. Explain how this trainer has influenced the professional conduct of the surgical team (e.g. how they address issues such as bullying and harassment in the workplace). *Max 200 words per section.*

Score 1 2 3 4 5 6 7 8 9 10

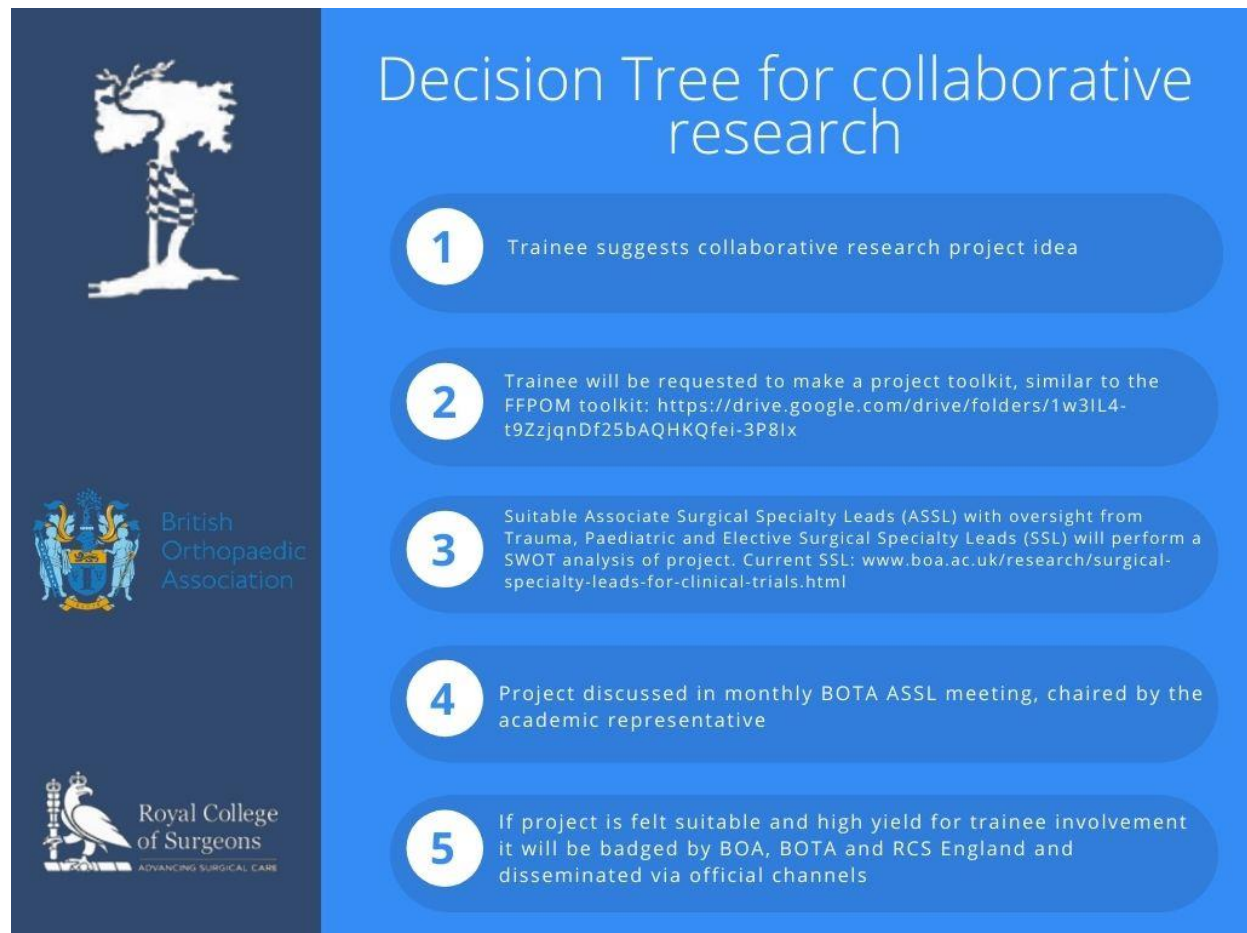
4. Exceptional trainers are supportive and dedicated mentors. Describe the ways in which this trainer provides constructive personal development and pastoral care. *Max 200 words per section.*

Score 1 2 3 4 5 6 7 8 9 10

5. Excellent trainers have a wider impact on trainees in the rotation, including those who may not be directly working for them. How would your rotation be different without this trainer? *Max 200 words per section.*

Score 1 2 3 4 5 6 7 8 9 10


Please send completed nomination forms to your BOTA Regional Representative by the 30th June 2023.




The flowchart is titled "Decision Tree for collaborative research" and is set against a blue background. It consists of five numbered steps, each in a rounded rectangular box. The left side of the image features a dark blue vertical bar with three logos: a white tree logo at the top, the British Orthopaedic Association logo in the middle, and the Royal College of Surgeons logo at the bottom.

Decision Tree for collaborative research

- 1** Trainee suggests collaborative research project idea
- 2** Trainee will be requested to make a project toolkit, similar to the FFPOM toolkit: <https://drive.google.com/drive/folders/1w3IL4-t9ZzjqnDf25bAQHKQfei-3P8Ix>
- 3** Suitable Associate Surgical Specialty Leads (ASSL) with oversight from Trauma, Paediatric and Elective Surgical Specialty Leads (SSL) will perform a SWOT analysis of project. Current SSL: www.boa.ac.uk/research/surgical-specialty-leads-for-clinical-trials.html
- 4** Project discussed in monthly BOTA ASSL meeting, chaired by the academic representative
- 5** If project is felt suitable and high yield for trainee involvement it will be badged by BOA, BOTA and RCS England and disseminated via official channels

 British Orthopaedic Association

 Royal College of Surgeons
ADVANCING SURGICAL CARE